

REGISTRATION



6th ANNUAL PLEA OF GRNY CITY WIDE BREAST CANCER SEMINAR

"Physician founded for laypeople and in honor of laypeople."

Wednesday, October 9, 2019

**Locust Hill Country Club
2000 Jefferson Road • Pittsford, NY 14534**

Early group registration before **July 1, 2019** is encouraged. *(Seating is limited.)*
Group seating will be assigned, first come, first serve.

Guidelines for Group Registration:

- All group attendees names, addresses and email (if available) must be submitted by their groups PLEA of GRNY's lead layperson liaison.
- Payment must be submitted before the deadline for guaranteed preferred seating.

Level 1: Community Church Groups & Other Laypeople: \$25.00

Level 2: Physicians and all other Health Care Professionals: \$50.00

Level 3: Medical Students, Fellows & Residents: \$40.00

Level 4: College Students: \$30.00

Level 5: All Non-Medical Professionals including PhD's JD, Masters Graduates, Executives & Other Finance Professionals: \$40.00

To Level 1 Registrants: Contribute what you can. Remember even if it is not \$25.00 return your completed registration ASAP. You WILL be added to the list regardless of the level of your submitted fee, as long as seats remain.

Make all checks payable to: **PLEA of GRNY**

Mail to: **Ruby L. Belton | P. O. Box 20545 | Rochester, New York 14602**

Questions? E-mail: midnightbelton@gmail.com or write to the address above.

REGISTRATION INFORMATION

Name _____

Specialty _____

Address _____

Phone # _____

Email _____

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ROCHESTER, NY
PERMIT NO. 14

Ruby L. Belton, M.D.
P.O. Box 20545
Rochester, New York 14602



**6th ANNUAL
PLEA of GRNY CME ACCREDITED
MULTIDISCIPLINARY CITY WIDE
BREAST CANCER SEMINAR**



2019

6th ANNUAL PLEA of GRNY CME ACCREDITED MULTIDISCIPLINARY CITY WIDE BREAST CANCER SEMINAR

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Pittsford, NY 14534**



ABOUT THE SEMINAR

2019 PLEA of GRNY Message from our President:

We will continue to focus on:

- Multidisciplinary approach to the care of the Breast Cancer patient, which includes; Radiation, Surgery, Oncology, Imaging, Positive Mindset, Spirituality, Nutrition, Exercise, Obesity and the Whole You!

This year's theme is an excerpt taken from a book:

"The Power is Within You" Publisher Hay House: page 231

"You are beautiful. You are a divine magnificent being. You deserve all good, not just some, but all good. Feel your power. Be at peace with it, for you are safe."

PLEA of GRNY was founded for Laypeople and in honor of Laypeople.

PLEA = Positivity, Love, Encouragement/Education, Admiration

"Relax, Enjoy & Learn."

With great admiration, Douglas Belton MD, MBA | PLEA of GRNY

SPONSORS

Wegmans

Mr. Kenneth Stanley

PLEA of GRNY

COURSE OBJECTIVES

At the end of the seminar, you will be able to discuss:

1. Who is and who is not a candidate for Intraoperative Breast Radiation Therapy (IORT) and discuss pros and cons of IORT.
2. The role of the Medical Oncologist in managing the breast cancer patient.
3. The importance of clear margins following lumpectomy.
4. Breast density, understand importance of mammographic positioning, breast compression and discuss ACR positioning guidelines required for accreditation.
5. Discuss the colors (red and orange) of the rainbow as it applies to nutrition and good health.
6. Phytonutrients & Nutrition, obesity, insulin resistance, aging, breast cancer and the 2019 food "color of the rainbow" Orange.

PROGRAM

5:00

Registration

5:30 – 6:45PM

Dinner & Live Entertainment

6:45 – 6:55PM

Welcome

Douglas Belton, M.D., MBA | President
Miss Olivia Loren Belton

6:55 – 7:15PM

Intraoperative Radiation Therapy (IORT) : Pros & Cons

Lori Medeiros, M.D. | Meri Atanas, M.D.

7:15 – 7:35PM

The Role of the Oncologist in Breast Cancer Management

Timothy Woodlock, M.D.

7:35 – 7:50PM

Break : Exercise/Yoga

Linda Sardisco, R.T. | Licensed Yoga Instructor

7:50 – 8:10PM

Surgical Margins Update

Kristin Skinner, M.D.

8:10 – 8:30PM

Breast Density Mammographic Positioning for the Clinician & Layperson

Ruby L. Belton, M.D.

The Old & The New

Part 1: Review 2017 & 2018: D3/Obesity/Nutrition: Color Red

Part 2: Obesity/Cancer/Insulin Resistance: Color Orange

Ruby L. Belton, M.D.

8:30 – 9:00PM

Panel Discussion

Moderator: Marguerite Dynski, M.D., SSJ

Ruby L. Belton, M.D.
Douglas Belton Jr., M.D., MBA
Joel Yellin, M.D.
Bradley Turner, M.D.
Marge Dynski, M.D.
Kristin Skinner, M.D.
Calvin Cole, PhD
Lori Medeiros, M.D.

Meri Atanas, M.D.
Avice O'Connell, M.D.
Timothy Woodlock, M.D.
Gina Cuyler, M.D.
Kamal Kothari, M.D.
Nana Duffy, M.D.

9:00 – 9:15PM

Closing Remarks

Flower Presentations:

Mr. Kenneth Stanley

Thank You

Marguerite Dynski, SSJ | Miss Oliva Loren Belton
Douglas Belton, M.D., M.B.A.

9:15 – 10:00PM

Complimentary Photography

Courtesy of PLEA of GRNY
Miss Olivia Belton, Douglas Belton, M.D. & Dr. S.J. Belton

STATEMENTS

Log on to updated
website after 6.30.19
pleaofgrny.org

Visit us on:



WHO SHOULD ATTEND:

Laypeople, Physicians, Physicians in training, Nurse Practitioners, Physicians Assistants, Technologists, Nurses, College Students, Medical Students.

DISCLAIMER:

Before making any changes in your exercise program or diet, please talk to your doctor. If you have a medical complaint that you are concerned about, please talk to your doctor.

PLEA of GRNY :

1. Is not responsible for any complications, illness, disease or anything else in connection with material presented.
2. Is not endorsing or recommending any specific diet or dietary changes or exercise program or nor endorsing any medical or surgical treatment.
3. Has done it's best to present some of the most up to date knowledge on any and all information presented as it relates to the relationship of obesity, nutrition, the importance of physical activity and chronic diseases including cancer.
4. Is not responsible for nor endorsing any printed material content from references or research in connection with Nutrition, Obesity, Vitamin D, cancer or other Chronic diseases nor endorsing any surgical or medical recommendations. Talk to your doctors.

PLEA of GRNY is here to educate to hopefully make for a healthier you.
Remember: Your care is still in the hands of you and your doctor.

ACCREDITATION STATEMENT

***This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Society of New York (MSSNY) through the joint providership of the Rochester Academy of Medicine and Physicians and Laypersons Educational Associates of Greater Rochester, NY. The Rochester Academy of Medicine is accredited by the Medical Society of New York (MSSNY) to provide continuing medical education for physicians.

CREDIT DESIGNATION STATEMENT

The Rochester Academy of Medicine designates this live activity for a maximum of 2 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.