

VIRTUAL



4th 2022 Annual MULTIDISCIPLINARY SPRING/SUMMER INNER CITY ZOOM HEALTH SEMINAR

RGVC of NANBPWC
MEMORIAL AME ZION CHURCH
THE ROCHESTER NY CHAPTER
of the LINKS INCORPORATED
TRINITY INTERFAITH CHURCH
of ROCHESTER



Ruby L. Belton, MD
Co-Founder of PLEA of GRNY
Douglas Belton Jr., MD, FRCPC, MBA
President & Co-Founder of PLEA of GRNY

REGISTRATION



4th VIRTUAL MULTIDISCIPLINARY SPRING/SUMMER Annual INNER CITY ZOOM SEMINAR

"Physician founded for laypeople and in honor of laypeople."

June 11, 2022

REQUIREMENT: Laypeople: Deadline for registration by US mail 5/14/2022, after which no group nor mail-in registrations, will be accepted. No exceptions please. Email Registrations for Groups of 5 or more must be submitted on word document only.

NO OTHER FORMAT WILL BE ACCEPTED.

GROUP REGISTRATION:

- Word document only.
Email to: midnightbelton@gmail.com or by US Mail.

INDIVIDUAL REGISTRATION:

- Accepted by US mail, submitted on Registration form only.

REGISTRATION INFORMATION

Name _____

Address _____

Phone # _____

Personal Email Address _____

Personal Professional CME Identifier # _____

MAIL TO:

Physicians and Laypersons Educational Associates
5 Skytop Lane
Pittsford, New York 14534

PRSRRT STD
US POSTAGE
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ROCHESTER, NY
PERMIT NO. 14

Physicians and Laypersons Educational Associates
5 Skytop Lane
Pittsford, New York 14534



4th VIRTUAL MULTIDISCIPLINARY SPRING/SUMMER Annual INNER CITY SEMINAR

ABOUT THE SEMINAR

2022 Message from President and Co-Founder PLEA of GRNY

Douglas Belton, MD, MBA, FRCPC:

Welcome to the 4th Annual PLEA of GRNY Annual Spring/Summer Inner City ZOOM Health and Breast Cancer Seminar.

We will present a Multidisciplinary approach to the management of breast cancer at the extremes of age including pregnancy, and help all understand personalized medicine and why “one size does not fit all.”

Brief presentation of Laypersons role in Self Breast Examination (SBE), Imaging, Surgical Management including the role of the Oncologist, and Clinical Trials in Rochester New York will be covered. Relax, enjoy and learn all you can. We are honored to be here with you today.

Stay tuned for Upcoming all PLEA of GRNY ZOOM mini series:

- A. October 29, 2022 | YouTube PLEA of GRNY
- B. August, 2022 | Prostate Cancer 45 minutes (date TBD)
- C. December, 2022 | Nutrition 45 minutes (date TBD)

PLEA of GRNY/PLEA = Positivity-Love-Encouragement-Admiration.

A Special hello to our friends throughout the USA, friends in the Caribbean and Canada.

Douglas Belton M.D. MBA FRCPC
President and Co-Founder PLEA of GRNY

Ruby Belton M.D. Co-Founder PLEA of GRNY



PROGRAM 2022 PLEA of GRNY

4th Annual Spring/Summer Inner City ZOOM Health Seminar

Moderator: **Marguerite Dynski, M.D., SSJ**
General Surgery Specialist with Rochester Regional Health

7:00AM - 7:45AM	Music and Meditation
7:45AM - 8:15AM	Welcome Mr. Kenneth Stanley - Layperson Miss Olivia B. Douglas Belton M.D., FRCPC, MBA & President PLEA of GRNY
8:15AM - 9:10AM	Breast Anatomy Embryology Mini Sugar & Cancer, Obesity & Cancer Quick Review Imaging & Breast Cancer Diagnosis Ruby L.S. Belton, M.D.
9:10AM - 9:30AM	Self Breast Examination - Laypersons Perspective Ms. Martha Braddy Jackson, Mississippi Layperson Ms. Dorothy Davis Rochester, NY Layperson
9:30AM-10:30AM	Breast Cancer at the Extremes of Age: Surgeons Perspective Ranjna Sharma, M.D. Chief Section of Breast Surgery Medical Director Breast Cancer Program Associate Professor Surgery SUNY Upstate Medical Univ./Department of Surgery, Syracuse
10:30AM - 10:50AM	Breast Cancer in Pregnancy Jeffrey Sugandi, M.D. Fellow URM
10:50AM - 11:05PM	Breast Cancer Clinical Trials: What are these & why are they important? Kristin Skinner, M.D. Associate Professor of Surgery & Oncology & Director of Comprehensive Breast Care at PLUTA at University of Rochester Medical Center
11:05AM-11:25PM	Breast Cancer Clinical Trials in Rochester, NY Timothy Woodlock, M.D. Medical Oncologist Hematologist Hematology & Medical Oncology Internal Medicine - Rochester Regional Health
11:25AM - 12:00AM	Questions and Answers Dr. Marguerite Dynski, Moderator
12:00AM - 12:30PM	Closing Remarks Douglas Belton, M.D., FRCPC, MBA Rochester Genesee Valley Club NANBPWC The Rochester NY Chapter of the Links Memorial AME Zion Church

GOALS OF THE SEMINAR

By the end of the seminar you will be able to discuss:

1. Discuss the relationship between Sugar, Proper Nutrition and Cancer.
2. Discuss relationship between Obesity and Breast Cancer.
3. Discuss the Criteria for a properly positioned Mammogram, recognize the standard Views, why they are performed, and be able to recognize a Poorly Positioned mammogram.
4. Discuss and recognize the Imaging findings of Benign (not cancer), and Cancer on a Mammogram, Ultrasound and Breast MRI.
5. Discuss who is High Risk for Developing breast cancer and what your imaging options are based on Risk assessment model numbers/ (Gail model, Tyrer Czuick as two model examples) .
6. Understand breast Cancer at the Extremes of age including pregnancy.
7. Discuss breast cancer treatment protocols (Personalized Medicine), in the young, pregnant and elderly patient, where “one size does not fit all.”
8. Discuss Self Breast examination from a Layperson’s perspective.
9. Discuss some common Breast Cancer Clinical Trials available in Rochester, New York.
10. Explain what is meant by Clinical Trials and Why they are done.
11. Discuss the Selection Process for Clinical Trials, i.e. “who need them ?”.

STATEMENTS

WHO SHOULD ATTEND:

Laypeople , Physicians, Physicians in training, Nurse Practitioners, Physicians Assistants, Technologists, Nurses, College Students, Medical Students.

DISCLAIMER:

Before making any changes in your exercise program or diet, please talk to your doctor.
If you have a medical complaint that you are concerned about, please talk to your doctor.

PLEA of GRNY :

1. Is not responsible for any complications, illness, disease or anything else in connection with material presented.
2. Is not endorsing or recommending any specific diet or dietary changes or exercise program.
3. Has done it's best to present some of the most up to date knowledge on any and all information presented as it relates to the relationship of obesity, nutrition, the importance of physical activity and chronic diseases including cancer.
4. Is not responsible for nor endorsing any printed material content from references or research in connection with Nutrition, Obesity, Vitamin D, cancer or other Chronic diseases.

PLEA of GRNY is here to educate to hopefully make for a healthier you.
Remember: Your care is still in the hands of you and your doctor.